



# Selecting the Right Course & Level

## Parent & Child Aquatics

Suitable for children ages 6 months up to 4 years of age. Together the parent and child learn to increase the child's comfort level in the water as they build a foundation of basic skills such as arm & leg movements and breath control. This course includes 8 total lessons, each approximately 30-45 minutes in length. Please note that this course does require one parent/guardian, per child, to be in the water with the participant throughout the entirety of the course.

**NOTE:** A minimum of 4 participants per group is required in order to conduct this course. Should this minimum not be reached, you will be contacted and a full refund will be issued. All classes begin the week of April 6th.

If Parent & Child Aquatics is right for you, please select one of the following schedule options.

Mondays & Wednesdays

1:00 PM

2:30 PM

4:00 PM

## Learn to Swim-Ages 5 and Up

The Red Cross Learn-to-Swim program offers a unique 6 level instructional approach to help swimmers of all abilities develop and improve their skills.

To help with your course selection, please refer to the **American Red Cross Swimming and Water Safety Course Descriptions** found in your Registration folder. Using the above criteria, select the Course Level and corresponding schedule option most suitable for your needs. Please note that in order to provide the best and most adequate service, in some cases swimmers may need to be reassigned to different course levels. These necessary changes are left to the discretion of the specific course instructor.

All classes begin the week of April 6th.

**NOTE:** A minimum of 4 participants per group is required in order to conduct this course. Should this minimum not be reached, you will be contacted and a full refund will be issued.

See the Learn to Swim schedule options on page 2 of this form.

# Learn to Swim Levels & Schedule Options

**Level 1: Introduction to Water Skills**  
**Level 2: Fundamental Aquatic Skills** These two levels are offered through one-8 lesson course, with each lesson lasting approx. 45 min.

There is no skill prerequisite for registration into this Level 1-2 course.

Tuesdays & Thursdays  1:00 PM  3:30 PM

Participant's Current age: \_\_\_\_\_ (not necessary if over 18)

**Level 3: Stroke Development**  
**Level 4: Stroke Improvement** These two levels are offered through one-8 lesson course, with each lesson lasting approx. 45 min.

Participants must be able to comfortably demonstrate skills covered in levels 1 & 2 prior to participation in this level 3 & 4 course.

Tuesdays & Thursdays  1:00 PM  3:30 PM

Participant's Current age: \_\_\_\_\_ (not necessary if over 18)

**Level 5: Stroke Refinement**  
**Level 6: Swimming & Skill Proficiency** These two levels are offered through one-8 lesson course, with each lesson lasting approx. 45 min.

Participants must be able to comfortably demonstrate skills covered in levels 1 through 4 prior to participation in this level 5 & 6 course.

Tuesdays & Thursdays  1:00 PM  3:30 PM

Participant's Current age: \_\_\_\_\_ (not necessary if over 18)



American Red Cross

# Group Swim Program Registration

Please Complete All Forms Included in This Packet



A Proud Provider of American Red Cross Swimming and Water Safety Courses

### Legal Guardian

Name \_\_\_\_\_

Address \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

### Participant

Name \_\_\_\_\_

Preferred Nickname \_\_\_\_\_

If under the age of 18: Current Age \_\_\_\_\_ Birth Date (M/D/Y) \_\_\_\_\_

Last Red Cross Swim Level Completed \_\_\_\_\_ Where \_\_\_\_\_

### Medical Information

Does the participant have any medical condition the instructor should be aware of?

Example: diabetic or suffers from seizures etc. Circle one: YES NO

If YES, please explain- \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Waiver / Release of Liability & Consent to Treat

I, \_\_\_\_\_, the enrolled participant and or the parent/guardian of the participant agree and understand that there are certain risks or hazards inherent in the participation of swimming lessons. The participant hereby agrees to the voluntary enrollment into the *Learn to Swim* or *Parent & Child* program provided by the Lelia Patterson Center and hereby agrees to forever release, discharge and to indemnify and save harmless Fletcher Academy Inc., dba Lelia Patterson Center, its' instructors, officers, directors, agents and employees against any liability resulting from any injury that may result while partaking in any of the aforementioned programs. The participant or parent/guardian signature on this form, authorizes any representative of the Lelia Patterson Center to have the participant treated in the event of a medical emergency during their participation in said program(s). Further, the participant / parent or guardian agrees to pay all costs associated with medical care and transportation.

\_\_\_\_\_  
PRINT NAME Signature Date  
Participant (if over 18 years of age) or Legal Guardian

### Payment / Cancellation / Refund Policy

Full payment is due at time of registration. Due to limited space and class availability, once you have reserved a spot-No Refunds will be issued. If you require a change in date or time, a \$15 processing fee will be assessed. Missed lessons are the sole responsibility of the participant. Make-up lessons will only be offered in the event of class cancellation by the Lelia Patterson Center due to inclement weather or pool closures.

Signature \_\_\_\_\_ Date \_\_\_\_\_